

## **Outdoor Adventurer Overnight Camping Program**

**For all ages includes younger scouts like Brownies or Cub Scouts**

Learn basic wilderness survival techniques, plant and snake identification, hiking essentials, how to pitch a tent and much more. For older Scouts we can add in more instruction on first aid, orienteering and backpacking in place of hiking essentials.

Details in itinerary are written out below policies.

Overnight Camping Adventure: \$88

**Cost quoted for a minimum group size of 12, if you have a smaller group we can still do it but would need to re-work cost dependent on group size. Cost is per person and includes leaders/chaperones.**

**Price includes:** permits, insurance, 2 days of instruction and 2 guides, dinner, breakfast, learning materials for the weekend's information and badge requirements. We will offer a Shuttle from our office for all Pisgah National Forest Trips.

***Tips for guides are not required but are most appreciated.***

**Locations** can include any of the following locations: Stone Mountain State Park, Bear Den Campground and Springmaid Mountain Resort in beautiful Western NC. These locations are great for younger scouts as they meet the requirements for younger aged scouts. They have bathroom access and have showers. Another option is Rocky Face Recreational area and for older scouts Table Rock in Linville Gorge. Older girls have more options as they do not have the same requirements of having restrooms and showers like the Brownies do.

**Camping gear is not included** *Please check your camping gear IE tent prior to the trip. Remember cords in tent poles can easily break when not stored correctly or when really old! A good rule to follow is set up your tent prior to camping to make sure everything is in working order.*

**To sign up:** Each troop must contact NC Outdoors Adventures at (828) 260-4505 or email your inquiry to ncoadventures@gmail.com. Dates must be set up at least 30 days in advance with a non-refundable deposit of 25% due at the time of booking and the remainder due the week prior to your trip. This will ensure us permits and guide availability for specific group sizes. Once a deposit has been paid confirmation emails will be sent out with what each person should bring waivers and a detailed itinerary.

**Weather:** Weather forecasts are closely watched prior to any event. We will make weather calls the day prior to a trip if need be. We will contact you via phone or email to update on weather. **Camping is a rain or shine event!!!** *We typically cancel with at least an 80% chance of bad weather.*

**PLEASE REVIEW OUR CANCELLATION AND WEATHER POLICIES**

## **Itinerary**

**Saturday Afternoon** (meeting times and carpool arrangements will be set depending on location the troops choose) Below itinerary can change when we do what based on weather , ranger and biologist availability for their guided hike portions.

- (1) Set up camp: picking a spot, cleaning your spot, looking for hazards, blowing up sleeping pads and sleeping bag fun!
- (2) How to build a fire: talk about dangers, precautions, why is fire so important. Each girl will collect a small amount of wood.....we practice just building the tower together (natures puzzle).
- (3) Explore nature with tree finders and foraging book. Stone Mountain location includes guided Tree Identification hike with a ranger. The coastal trip includes a guided hike with biologists through a Private Nature Reserve through a Long Leaf Pine Forest.
- (4) Build a primitive shelter
- (5) Learn how to Splint a leg with common items from a back pack
- (6) Dinner (Haystacks/Chili) and Banana Boats for desert
- (7) Play with knots
- (8) After dinner fun: Star Gazing Ap

## **Sunday:**

- (1) Breakfast and pack up camp: 830am
- (2) Knots to Know class
- (3) Leave no trace
- (4) Trip Talk, Be Prepared: How to pack for a hike, what to wear and why, stretching, safety
- (5) Game: 6 essentials for hiking. Have each child without help pack a small back pack prior to the trip with 6 items they think are most important to have when hiking. The group will do a show and tell here.
- (6) Hike